

The HOUSE X

PAREYING PARTS

MUNCEO WITH X

FZY'S FOOT HIGHLY MIGNIFIED

SOFT STICKY PADS

growth into flies.

YOUR ENEMY THE FLY

FLY MAGGOT

FLY PUPA

TZY5

TONOUE

MAGNIFIED

EMERGING FROM

many as we can. For this reason "kill that fly" or "swat that fly" crusades have been instituted in many places. But it has been found by experiment that we cannot hope to kill sufficient fles to reduce seriously their tral numbers. This is because files breed at a very great rate when the weather is warm, and the total numbers which we can kill is so small, when compared to the total numbers born, that the result of the "swatting" campaigns has been disap-

All our efforts should be directed at preventing house files from breeding-for prevention is better than cure. The best way to do this is to observe strict cleanliness—municipal cleanliness and home cleanliness. Then these insects will desert the neighborhood, and the diseases they convey will vanish. This was the policy pursued on the Suez and Panama canals to prevent maiaria and yellow fever, which are conveyed from she person to another by mosquitoes. The method

was most successful. The house fly breeds in filth. Each female fly, as soon as the weather is warm enough, lays about 150 eggs on collections of manure, decomposing garbage, street rubbish or house refuse, and the eggs hatch into they maggots. After five days have passed, each maggot becomes a rolledup, bean shaped chrysalis, and after another five days each chrysalis gives birth to a two-winged. six-legged, whiskered, bristly flying insect known us as the house fly. Bluebottles breed similarly, but they prefer to lay their eggs on rotting carcasses or decaying animal matter. The house fly and the lesser house fly convey disease by bathing their legs in germ-laden material, which they find during their feeding forays. The germs stick to their legs and to the lips of their telescopic proboscides, and then are carried to the milk jug, the teacup, to the cut loaf, and to the culinary utensils. Sometimes the flies swallow the germs, which multiply inside them. and afterwards the concentrated disease focus is

again deposited wherever the fly settles, We can be rid of flies if we observe the ordinary common sense rules of cleanliness and sanitation. No fly lairs, or breeding places, must be permitted near human habitations. All unclean places must be made clean regularly once a week by the sanitary or municipal authorities, and then the fly maggots will be unable to come to maturity, and so the pest will be exterminated. Recently a war on files has been taken up assiduously by the press, and the medical officers of health are exerting themselves to start antify

Thus the municipal authorities have made a start, and it remains for the individual householders to help them. Each one of us can do our share of fly prevention. We can prevent flies we must inspect our own premises. Begin in the kitchen. Observe every nook of the scullery, the pantry, the cellar, even the dining room, and see that every corner and cranny is scrupulously clean. Next, we must examine the dustbin to see if it is completely cleaned out. Let there be no small collections of tea leaves spilled out of it, or rotting peelings or scraps of bread, or any other places where flies can breed. Let the cheese be well covered, and the bread be in its pan, and all food within the larder in its proper place. And let everything be clean and whole-

It is most important, also, to inform our neighbors on every convenient occasion of the disgusting and dangerous character of house flies, and to ask them to co-operate in preventing them. Then there will be an organized campaign against these insects. The more we talk about it the sooner will the thing be done. The education of children in the matter is also most essential. Then a new generation will grow up knowing the dangers of flies and how to prevent them. Schoolmasters and schoolmistresses should be invited to teach their charges about flies, and should set the example by instructing them in the tenets of school cleanliness. This will help us greatly. If we all keep our own homes sweet and clean our children's lives will be spared the horrors of summer sickness, typhold will be lessened, do tors' bill will be reduced, and the health of the community will be improved enormously. With regard to house files and fly-borne diseases the remedy is simple. Let us apply it.

As a result of experiments, the specialists of the United States department of agriculture have discovered that a small amount of ordinary borax sprinkled dally on manure will effectively prevent the breeding of the typhoid or house fly. limilarly, the same substance applied to garbage, refuse, open toilets, damp floors and crevices in stables, cellars or markets, will prevent fly eggs by nor prevent it from laying eggs, but its horough use will prevent any further breeding.

The investigation, which included experiments with many substances, was undertaken to dissome means of preventing the breeding of flies in horse manure without lessening the value of this manure as a fertilizer for use by the farmer. It was felt that if some means of pre venting the breeding of flies near a human habi tation could be devised, the diseases spread by these filthy germ carriers could be greatly re duced. While the "swat the fly campaign," traps and other devices for reducing the number of typhoid-carrying flies are of value, they are of less importance than the prevention of the breed-It was realized, however, that no measure for preventing the breeding of files would come into common use unless it was such that the farmer could use it on his manure pile without destroying its usefulness for growing plants, and without introducing into the soil any substance that would interfere with his crops.

As a result of experiments carried on at the Arlington farm. in Virginia and New Orleans, La.,

Mr. Ell Brown Felt Himself Entitled.

Considering His Position, to Let-

ters After His Name.

Ell Brown, an impressive ebony fig-

ure in his long, black, clerical coat

and collar-gift of the rector of St

James'-had come in answer to r post-

card of mine, asking him to call and

'I'se done moved, Miss Ma'y." he

said, when he explained to me that

he could not undertake the work that

day, as a noon service at St. James'

necessitated his presence at the organ

bellows, "and I reckon T'll jes' leave

my card so you can know whar to

With an expression of dignified grat-

ification he unfolded a scrap of

he had pulled out of his vest pocket

and handed me a card with the

sen' for me when yer wants me ag'in."

whitewash my back fence.

BACTERIA ATTACHED TO THE STICKY PAD OF THE PLY'S FOOT HOUSE FLY SHOWING PARTS WHICH PROPAGATE DISEASE the investigators found that 0.62 of a pound of borax, or 0.75 of a pound of calcined colemanite (crude calcium borate) would kill the maggots and prevent practically all of the files ordinarily breeding in eight bushels of horse manure from developing. This was proved by placing manure in cages and comparing the results from piles treated with borax and from untreated piles. The borax, it was found, killed the fly eggs and maggots in the manure and prevented their

In the case of garbage cans or refuse piles. two ounces of borax or calcined colemanite, costing from five cents a pound upward, according to the quantity which is purchased, will effectually prevent flies from breeding.

While it can be safely stated that no injurious action has followed the application of manure treated with borax at the rate of .62 pounds for eight bushels, or even larger amounts in the case of some plants, nevertheless borax-treated manure has not been studied in connection with the growth of all crops, nor has its cumulative effect been determined. It is therefore recommended that not more than 15 tons of the borax-treated manure should be applied per acre to the field. As truck growers use considerably more than this amount, is is suggested that all cars containing borax-treated manure be so marked, and that public health officials stipulate in their directions for this treatment that not over .62 (62-100) of a pound for eight bushels of manure be used, as it has been shown that larger amounts of borax will injure most plants. It is also recommended that all public health officials and others in recommending borax treatment for killing fly eggs and maggots in manure warn the public against the injurious effects of large amounts of borax on the growth of plants. Purchasers of manure produced in cities during the fly-breeding season should insist that the dealers from whom they purchase give them a certified statement as to whether or not the manure in the particular car or lot involved in

the purchase has been treated with borax. In feeding to hogs garbage that contains borax care is also recommended, especially when the animals are being fattened for market. Borax is not a very poisonous substance and the feeding of garbage that contains it to hogs is not likely to be a serious matter. On the other hand, borax in large quantities does produce gastric disturbances and for this reason a certain amount of care is advisable.

The method for using this substance in the case of stables is to sprinkle the borax or colemanite in the quantities given above, by means of a flour sifter or other fine sieve, around the outer edges of the pile of horse manure. The manure should then be sprinkled immediately with two or three gallons of water to eight bushels of manure. It is essential, however, to sprinkle a little of the borax on the manure as it is added daily to the pile, instead of waiting until a full pile is obtained, because this will prevent the eggs which the flies lay on fresh manure from hatching. As the fly maggots congregate at

BACTERIA ON

ENLARGED JEALE

the outer edge of the manure pile, most of the borax should be sprinkled there. Borax costs five to six cents per pound in 100pound lots in Washington, and it is estimated that at this rate it would cost only one cent per horse per day to prevent all breeding of flies in city stables. If calcined colemanite is purchased in large shipments, this cost should be consider. ably less. At the same time, if the boray is used on the manure only in the proportions stated, its value for use in the garden or for sale to farmers will not be lessened.

In view of this discovery, there now seems little excuse for any horse owner or resident of a city allowing typhoid flies to breed in his stable or garbage can.

It is believed that this information will greatly help the health authorities in their campaign against the typhoid fly. The health authorities have long tried to prevent the breeding of flies in city stables through the use of iron sulphate as a larvacide. In the case of iron sulphate, however, a large amount is required, and other insecticides, such as paris green or potassium cyanide, while effective in killing flies, are very expensive or extremely poisonous. Borax, which is used free ly in most households, and is readily available in all parts of the country, has the advantage of being comparatively nonpoisonous and noninflammable, readily soluble in water and easy to handle. It can be purchased at retail for ten cents a pound, and a single pound used as directed in a garbage pail or open toilet may prevent the breeding of hundreds of dangerous flies.

EXPERIENCE AS A TEACHER.

Little Lemuel-Paw, why do so many people borrow trouble? Paw-Because, son, that is the only thing most of them can borrow without security.

"Why, Miss Ma'y, all de quality in | BEST "MAKE HASTE SLOWLY" | is done over. For an article rightly

Strain of Hurry. "The more haste, the less speed" is an old proverb that would make a that he can do the whole thing in a the civil service commission. good motto for many people in these days when most of us are always in a driving hurry, remarks the Milwaukee Journal. Work that is hurried isn't often well done. The letter writ- ing. ten in haste sometimes proves to be illegible, or, what is perhaps worse, so nearly illegible that it results in a misunderstanding that loses far more time than it would have taken to write, scold?" correctly. One may be in such great haste to complete an article he is creetly, of course. I say tantalizing

loss of time and great waste. Then there are the hundreds of means inferior work that must be ask me for money"

done again some time, and perhaps "Gee, I wonder if I'll ever set as from which the remainder can be done again some time, and perhaps cause inconvenience and loss until it hardened as that!"--Brooklyn Eagle,

made or a task well done serves a better purpose than something completed in haste. People who do everything hastily usually misunderstand. minute, not even knowing the import ant point that haw escaped him. To "make haste slowly" means to ac complish more, whatever one is do

Shrewd Old Man. "You're an old married man. What

do you do when your wife begins to "Encourage her. I talk back-dis making that he slights some part of things. I make foolish excuses.

"But doesn't that make her a gdeal madder?" "Of course it does. That's the inon dogs from \$1 and \$2 to \$1.50 and \$6, and provided that this money should

Bill providing an advisory board for

of Agriculture, college of agriculture

of Ohio State university and the agri-

cultural experiment station; bill to

Inskeep (D.), Noah L. Carr; Brown

J. A. McClanahan

Will Make Antitoxin.

to an announcement here.

No Watches Listed.

Case Is Postponed.

facture of diphtheria antitoxin by the

state is being installed in Page ball,

Ohlo State university, and the state

board of health proposes to start op-

eration of the plant July 1, according

CAN BE ERADICATED go into a fund to be used in paying damages for the killing of all farm TUBERCULOSIS NOT ENTIRELY animals by canines. Under it the MB-PREVENTABLE, BUT LARGE sessor, if the tax was not paid to him PER CENT SAVED. on a dog, could order the owner to kill the animal and if he failed to do so, he could be fined \$25 and costs,

THE WHITE PLAGUE The Liquor Bill Is Signed.

Governor Willis has very

STATE SOCIETY IN SESSION the guidance of the State Department

New Officers Are Elected and Plans Made for Future Work in the State.

Western Newspaper Union News Service. charitable institutions to lease their Columbus.-Tuberculosis is not en- property; hunters license act; bill refirely preventable, in the light of pres- lating to passenger crews with less ent knowledge and forces of control, than full crews; bill relative to open but at least 75 per cent can be eradi- season for hunting wild ducks; bill cated, Dr. E. F. McCampbell, secre- authorizing the expenditure of one-half tary of the state board of health, told the hunters' license fund for the purthe annual meeting of the Ohio Society pose of a game preserve, and bill profor the Prevention of Tuberculosis. It viding for the erection of water syswas its annual meeting, at which sev- tems by county commissioners. eral spoke, an election was held and the first annual luncheon enjoyed. Dr. Ohio Offers Fine Exhibit. McCampbell said the work in Ohio had Exhibits of agricultural products grown through the influences exercis- constitute one of the 11 great departed by the society, so that there are at ments of the Panama-Pacific Exposithe present time 109 nurses in public tion at San Francisco. The Palace of health work. They are distributed in Agriculture, in which these products 51 cities.

pitals. There are 35,000 cases of the ing down the central aisle, called Fifth is to be pushed along two general of agricultural machiners. He then lines-extension of the public health obtains a view of the booth erected by

Too Many Doctors.

There are too many physicians in Ohio, according to an article written railing. The other bents are closed on the subject by Dr. Henry P. Fritchett, of the Carnegie foundation to form solid panels. This arrange for the advancement of teaching, made ment permits a general view of the Pritchett says that 5568 of the 7912 booth, the one big thing which first Pritchett says that 5368 of the 7912 physicians in the state were trained in Ohio medical schools duction of the great seal of the state in Ohio medical schools. "In Ohio there is a physician for of Ohio. Every detail of the official

every 630 of population—three times seal is shown. the number found in a thickly-settled country like Germany," says Dr. Pritch. Names Tax Complaint Board. ett, who says Columbus is the state's Victor Heintz and John Ahlbrandt, most be-doctored city, where there is Republicans, and Anderson Varley, ett says only 1990 physicians in the county, Val Kanouse, V. A. Henkle, council of the American Medical As- Harry D. Ewing; Warren county, Howtrained" doctors came from medical S. S. White (Democrat); Preble counschools outside the state.

To Get Lutheran Home. Columbus appeared to have the inhad offered sites and that immediate tablishment of the institution. Then Bare, D. W. Laney (D.); Adams coun-Columbus loomed up as a "dark horse" ty, J. O. McManis, J. B. Ridout (D.), and the synod voted to defer definite action until next year. Heretofore aged persons of the Ohio synod have Discover Wild Pigeons. been sent to the Pennsylvania Lutheran Home. At the present time the Onio synod has \$5,500 in its treasury Fish and Game Warden John C. gregations of the synod.

New Utilities Company.

The Northwestern Ohio Light Com- days ago about the reported finding of fect! pany sought permission from the Util- a flock of these birds in Ohio. They ities Commission to purchase the elec- have been officially reported to be extric light and power plants at Van tinct and a reward has been offered Wert, Delphos, Urbara, Leipsic and for a nesting pair of them. Bashler. The total stock, bonds and cutstanding notes of these companies To Draw Up Petitions.

The purchase is to be made by an exchange of stock issued by the new tained by the United Mine Workers ompany. The agreement is to pay to draw up their referendum petitions the Van Wert company \$111,000, Del- on the Gallagher coal screen bill. The phos \$40,000, Urbana \$85,000, Leipsic new laws on the subject make the \$68,000 and Deshler \$30,000. The North: task more difficult than under the old vestern Ohio Light company seeks laws. The forms must receive the apapproval of these bargains already proval of the secretary of state. negotiated, and also for authority to ssue \$481,000 of its stock, to be turned over in part and the remaining sold or development and \$318,000 of its forty-year 6 per cent bonds.

Garland is President.

State Senator Frank Garla Dayton, was elected president the Ohio Society for the Prevention of uberculosis, at the organization here. 4. W. Patterson, of Columbus, was re. Do the men in Chesterfield township. elected secretary, F. Livingstone Math. Fulton county, tell time by the sun? er, of Cleveland, was appointed chair. The state tax commission puzzled man of the Red Cross Field Committee. over this question when the first com-Governor Frank B. Willis and former plete tax return, made from this dis-Governor Myron T. Herrick were made trict, had no watches listed for taxaonorary vice presidents of society.

wood Start in Life.

There's going to be a good chance out of the indictments against officials the Fourth of July for a couple antici- of the old Capital City Dairy Company yet a beautiful spirit of unity prepating marriage to get a good start have been postponed to Tuesday, June In household furniture and gifts by 22. This determination was reached he first saw certain truths he was consenting to performance of the wed- by Robert W. Childs, special counsel disposed to stand aloof from those ling ceremony at the celebration of for the attorney general, after an. who saw them not. But this did not the Hillton Improvement Association nouncement of the resignation of Sher- result in peace and joy, and he soon in Glenwood Park to mark the corner- man T. McPherson, United States dis- came to a better mind, for he recalled stone laying of the new \$25,000 recre- trict attorney; Harley E. Burns, his that only by God's grace was he given ation center and shelter house. The assistant, Republicans, and the ap- to see truth. He felt that true Chriswedding ceremony is being arranged pointment by President Wilson of tians should walk in love, and the as one of the principal features of the Stuart R. Bolin, Democrat, former city only point upon which he insisted as celebration program.

It is expected that Governor Willis Decreased Valuations.

Captain Redd Resigns. will be picked from a civil service list. trical expert.

Elevated Playground.

tervals seating accommodations are Transcript.

provided beneath awnings for the ben-In order to provide a public recreaneighborhood children by instructors.

your capital that way." - Boston

Governor Willis has vetoed ten The Road to bills passed by the last general assembly, including the Platt dog tax bill, which sought to increase the tax

> By REV. L. W. GOSNELL Assistant to the Dean, Moody Bible Institute

prevent the issuing of transfer of warehouse receipts fraudulently; bill In some minds, apparently, the great relative to the sale and distribution of poisons; bill authorizing religious and all the professing one organization.

me.

are displayed, is one of the largest that during the middle ages the ideal About one-half of the state is now buildings on the grounds. Entering of outward unity was almost realized, served with special tuberculosis hos the Palace of Agriculture and proceed- yet the results which our Lord said disease. During the coming year work street, the visitor passes several kinds far from being attained. We conclude, work, and the extension of the public the state of Ohio. Ohio's space, which forth in our text as "the unity of the is 60 feet square, is enclosed by a Spirit." Furthermore, this is a conheavy cornice supported 15 feet above the floor on substantial pillars. Half duced, but which we are to "keep." ward unity.

Several graces are mentioned in

wards the goal of unity. one for every 520 inhabitants. Cin- Democrat, were appointed as new while the pagans recognized it as right cinnati has one for every 560, Cleve- members of the Hamilton county when necessary, they felt it was not land has one for each 1000. Dr. Pritch- board of complaints. Montgomery good in itself. But our very exalta-State came from institutions classed Jesse M. Stoneker; Butler county, lowly spirit: the apostle has just been as "respectable" by the educational Sherman Williams, Alphonse J. Pater, speaking of our high calling when sociation, and 1019 of these "better ard B. Anderson, William McBurney, Drummond says that "touchiness is ty, C. E. Barnes, John Fahrenhalz (D.), a stepping-stone to unity, then, is low Griffin Rensman (D.); Highland county, John T. Daniels, J. W. Duvall (D.),

Next comes "neekness." This is C. T. Mallenix; Greene county, Frank submission both to God and men, Columbus appeared to have the inside track in the efforts of various Ohio cities to get the proposed home for the aged of the Ohio synod of the Climton county, Chas. L. Ireton, Leonard L. Harding, Lewis Vail (D.); a most powerful grace. Pounding an Evangelical Lutheran Church. The committee on selection was ready to report that Pauling and Defiance both county, Harley O. Bostwick, George W. surely dissolves it; so the soft answer turns away wrath. What a lu- ried. steps should be taken toward the es-

temper." It is akin to the unweary-

ing patience of God. New testimony along the line of wild pigeons was received by State with which to take preliminary steps | Speaks, who received a letter from A. | suffering, allowing for the frailties and toward the establishment of its own L. Smith, a farmer living near Wash- mistakes of others, even when they nome. The sum of \$15,000 for general ington C. H. Mr. Smith asserts that wound us. This can be done because church expenses is to be raised during a flock of wild pigeons flew over his we wish them well and love them. the coming year by the different confarm a few days ago. He says he was This grace enables us to take sides, familiar with the birds in his younger even against ourselves, and we shall days. There has been great interest need it, even in dealing with Chrisshown in the report published a few tians, for not all of these are per-

The value of this grace in the

Judge George B. Okey has been re Laboratory equipment for the manu

meeting."

house with my own hands."

"No. no." demurred the old man, "if

Workers Under George Mueller.

The proper maintenance of unity is well illustrated in the work of George eler.

GET POWER The Supply Comes From Food.

If we get power from food, why not strive to get all the power we can. That is only possible by selecting food that exactly fits the requirements of the

"Not knowing how to select the right food to fit my needs, I suffered grievously for a long time from stomach trouble," writes a lady from a little Western town.

"It seemed as if I would never be was best for me. Hardly anything that I could eat would stay on my stomach. Every attempt gave me heart-burn and filled my stomach with gas. I got thinner and thinner until I literally be came a living skeleton and in time was

to try Grape-Nuts food, and it had such good effect from the very beginning that I kept up its use. I was surprised at the ease with which I digested it. It proved to be just what I needed.

"All my unpleasant symptoms, the heart-burn, the inflated feeling which gave me so much pain, disappeared. My weight gradually increased from 98 to 116 lbs., my figure rounded out, my strength came back, and I am now abla to do my housework and enjoy it. Grape-Nuts did it."

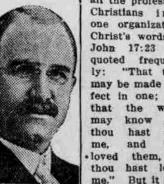
A ten days trial will show anyone some facts about food.

Name given by Postum Co., Battle Creek, Mich. Read "The Road to Wellville" in pkgs "There's a Reason." Ever rend the above letter? A new one appears from time to time. They are genuine, true, and full of human interest.

**************** Unity

TEXT-With all lowliness and meekness, with long suffering, forbearing one another in love; endeavoring to keep the ity of the spirit in the bond of peace.

Much is said today of church unity. need is to bring Christians into



would flow from real oneness were therefore, that Christ spoke of a unity of another kind, and believe it is set dition which does not have to be pro-Already, the truly regenerate are one in Christ, being baptized by the Spirit into the body of which our Lord is the

head. But this oneness is to be public by President Charles F. Thwing of Western Reserve University. Dr. realized in a community of feeling certainly do away with some of the outward divisions among Christians, but the point of insistence is the in-Needful Graces.

the text which will greatly assist to-

"Lowliness" comes first. This is a distinctively Christian grace, for tion in Christ is to beget in us the he turns to exhort us to lowliness. conceit with a hair trigger." What

But meekness is to be not only meek but "long-suffering." This is longmindedness, as opposed to "short

"Forbearing one another in love." This is an active manifestation of long-

preservation of unity is exhibited in a quaint incident. Some years ago it was proposed to purchase an organ for a Friends' meeting house in a certain town in Ohio. This was strongly opposed by an aged Quaker, for the use of musical instruments was not so common among the Friends as it is today. In spite of his opposition, ing made here successfully, and an old man did not stay away from meeting, but the organ was evidently a watch crystal, which has the beveled great cross to him. Finally, the minister called upon him and the following conversation took place:

"Friend," said the minister, "thee

seems grieved at the organ in the "I cannot tell thee how grieved I am." was the reply.

"Well," continued the minister, "if thee feels that way about it, I will take the organ out of the meeting

thee feels that way about it, let it stav."

Mueller, founder of the orphanage at Bristol, England. Representatives of all the evangelical churches were Trials of the criminal cases growing found in his large force of teachers vailed. Mr. Mueller tells us that when a ground of fellowship was that they should belong to the head, holding fast the Son of God. He felt that more study of the word, more humil-

his spirit of wisdom and love be ours!

ward Manning.

will take up soon the question of oust- The question of whether Cincinnati ity, more obedience, would lead to ing officials of the previous regime. It consumers may get a lower rate for fuller agreement, and that the oneness is said the governor's first move will electricity is apparently uppermost in of mind which will obtain in heaven be against the agricultural commist he minds of those consumers. The may be anticipated even now. Meanand so deceive himself into thinking sion, the liquor license commission and many queries that came into the office while, we would not make agreement of the Public Utilities Commission upon particular points of truth the were based on the report published of basis of union, although it is to be the valuation of the electricity produc- emphasized that he was unbending in Adjutant General B. W. Hough has ing property of the Union Gas & Elec- his insistence upon truth as God gave accepted the resignation of Captain J. tric Co. of Cincinnati. The question him to see it. He neither sacrificed E. Redd, of Springfield, who was roster was answered in a fairly specific way truth for unity nor unnecessarily sacclerk in the department. A successor by L. G. White, the commission's electrificed unity in fidelity to truth. May

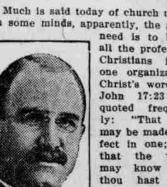
solicitor, to succeed McPherson.

Husband-"I wish you'd stop this everlasting cackling about my ex-

penditures." Wife-"No, I shan't. Cackling saved the capital of Rome and I'm going to see if I can't save

Will not our own lamented and be loved be there in the array of happy efit of those who frequent the place spirits? Will they not hail our comduring the heat of the day. Basket weaving and sewing are taught the ing with delight? Do they not remember us now, even in the sight of

********** -Ephesians 4:2, 3



Pinkham's Vegetable Compound to every suffering womam."—Mrs. HARRY FISHER, 1625 Dounton St., Nicetown, Pa. Christ's words in John 17:23 are quoted frequently: "That they Another Woman's Case.

Providence, R. I.—"I cannot speak too highly of your Vegetable Compound as it has done wonders for me and I would not be without it. I had a displacement, bearing down, and backache, until I could hardly stand and was thoroughly run down when I took Lydia E. Pinkham's Vegetable Compound. It helped me and I am in the best of health at present. I work in a factory all day long besides doing my housework so you can see what it has done for me. I give you permission to publish my name and I speak of your Vegetable Compound to many of my friends."—Mrs. ABEL LAWSON, 126 Lippitt St., Providence, R. I. Another Woman's Case. may be made perfect in one; and that the world may know that thou hast sent and hast loved them, as thou hast loved me." But it may pointed out

zon, 126 Lippitt St., Providence, R.L. Danger Signals to Women Danger Signals to Women are what one physician called backache, headache, nervousness, and the blues. In many cases they are symptoms of some female derangement or an inflammatory, ulcerative condition, which may be overcome by taking Lydia E. Pinkham's Vegetable Compound. Thousands of American women willingly testify to its virtue.

WOMAN COULD

HARDLY STAND

Because of Terrible Back-ache. Relieved by Lydia E. Pinkham's Vegeta-

ble Compound.

Philadelphia, Pa.—"I suffered from displacement and inflammation, and had such pains in my

sides, and terrible

backache so that I could hardly stand. I took six bottles of

Lydia E. Pinkham's Vegetable Com-

pound, and now I can

do any amount of

work, sleep good, eat good, and don't have

a bit of trouble. I

recommend Lydia E.

Don't Persecute Your Bowels



COULDN'T BE WELL ARRANGED Esther Would Very Willingly Have Obliged Employer, but, Under the Circumstances You Know.

A southern family employed a very skillful cook, called Esther. She had been with them about ten days, when she announced that she would have to leave, as she was about to be mar-

The mistress received the news with consternation. "You've been with me only a few days, Esther," she said, "and you remember you told me you would stay." "I knows it, ma'am, an' I'se awful

don't see how I kin help it. The gentleman wants de weddin' to be on Tuesday, ma'am." "Don't you think you could get him to put it off, Esther?" asked the mis-

tress, "just a little longer-until I could get another cook?" "'Deed, ma'am, I'd like to oblige you," said Esther, earnestly, "but, to tell you de truf I ain't well enuff acquainted with de gentleman to ax him

to do dat, ma'am.' Celluloid Watch Crystals. At the outbreak of the war Americcan watchmakers were much concerned regarding the watch crystal situation; the German source of supply being shut off, and previous attempts

to make them in this country having Watch crystals of glass are now behowever, the organ was installed. The | American inventor has helped the matter along by devising a celluloid edge and general appearance of a glass crystal and possesses the additional advantage of being unbreak

The Sinecure. A government official at a luncheon in Washington said recently: "We are continually turning down requests for consulships. Our consular service, you know, has been taken altogether out of politics.

"You cannot talk now as Consul Smith talked in the past. "'So you got the consulship, eh?" a traveler said to Smith. "'Yes,' Smith answered, lighting a

"Is it hard work?" asked the trav-"Not after you get it,' Smith re-

body.

able to find out the sort of food that

compelled to keep to my bed. "A few months ago I was persuaded

God? For to see his face does not extinguish but perfect all holy loves.

God's love gathers up and perfects all pure love like his own, all love that is for his sake. When we meet our be loved in him, we shall both know and love them so as we have neither loved nor known before.-Henry Ed-

Eli Brown, E. O. B., 50 Fenchurch street. "What do these letters stand for?"

IN LINE WITH "DE QUALITY" our congregation has letters after der names. Doctor Price he has D. D.; Doctor Simmonds has M. D., and dere's LL. D. for some of 'em, and U. S. N. for dat Yankee off'cer; and coase I naterally has 'em, too." "But what do they mean?" I insist

"Now, Miss Ma'y, don't you know? E. O. B.-Episcopal organ blower, dat what I is."-Harper's Magazine

Preparation for Home Use. The woman who values her looks should drink at least a pint of vater daily, and preferably more, including a tumblerful, either hot or cold, the last thing at night.

Distilled water is by far the best but if hot is not available, water that has been boiled and allowed to stand church announcement leaflet, which for two or three hours till it has become reserated is more wholesome than merely filtered water, especially in districts where the water contains boiling, will settle into a sediment poured off.-Philadelphia Press.

Little Really Good and Lasting World Has Been Accomplished Under

it. And just that flaw may cause a stammer and get husky." break in the machinery and result in times when undue haste doesn't in- tention. I want her to get so mad an undue amount of chalk, which, after volve great consequences, but simply that she won't have any voice left to

Some things one may catch quickly

tion place in New York's densely popplated East side, an elevated playground has been constructed at the west end of the Williamsburg bridge,

says Popular Mechanics. It is 480 feet in length, and affords a breathing space for several thousand persons during the sultry days and nights of summer. In its center is an open air pavilion where dancing and band concerts are held, while at convenient in-